



Milad- E- Sherief Memorial College

Kayamkulam, Alappuzha, Kerala- 690 502

Affiliated to University of Kerala

<https://www.mscollege.in>

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Self-defence: A Need of the hour

Organized by

Post Graduate Department of Chemistry, M. S. M College, Kayamkulam

In association with

NSS and NCC units, M. S. M College, Kayamkulam

On 6th March 2021, 3. 00 PM

About the Programme:

Milad E Sherief Memorial College was established in 1964 by Al Haj P.K. Kunju Sahib, erstwhile Finance minister of Kerala, and a prominent figure in the socio-political annals of Kayamkulam. The demographic profile of the students who pursue their education in M.S.M. College would reveal that most of them hail from families that are socially backward and poor. The institution, throughout the history of its existence, has been imparting value based and value-added education for the emancipation of these masses.

We, the P.G Department of Chemistry, MSM College, Kayamkulam in association with the NSS and NCC units of our college feel proud to organize an online programme on **Self-defence: A Need of the Hour** to impart the students with the skills to face and defend themselves confidently against any dire needs arise future. This self-defense programme aims to offer all, especially the woman students to have a revelatory new lens on the ways to defend themselves in crucial moments and to equip them with the self-confidence to resist any random attack. Building of such a mindset will facilitate their personal development, capacity building and career enhancement, and there by shape their destiny.

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Program Schedule

Welcome Address	Dr Neethu Sundaresn (IQAC Coordinator & HoD, Department of Chemistry
Inauguration	Dr Geethakumari. K Principal, M. S. M College, Kayamkulam
Felicitation	Dr Muhammed Thaha Vice Principal, M. S. M College, Kayamkulam
Welcome of Resource Person	Mr. T Nishad NSS Programme officer
Invited talk	Mr. B. Sebastian, MA, LLB, MBA
Vote of Thanks	Lt. Dr. Ansari. M NCC programme Officer



Mr. B. Sebastian, MA, LLB, MBA
Rtd. Indian Airforce Police Officer
Krav Maga Instructor
Thiruvananthapuram

Programme Coordinators:

Dr Divya. V
Lt. Dr Ansari. M
Mr. T Nishad
Mrs Ashida. M

M. S.M College focuses on providing young women awareness and training on self defence techniques so as to equip them to deal with intentional body harm constructively.